Rock-It (Hawaii)

Description: 4 Wall Line Dance (48 count)
Choreographer: Carol Aveiro
Music: “455 Rocket” by Kathy Mattea

RIGHT & LEFT ROCK FORWARD & BACK W/TRIPLE STEPS (“ROCKING CHAIR”)

1, 2, 3, 4	R rock forward; L step center; R rock back; L step center
5 & 6	Triple step RLR in place
1, 2, 3, 4	L rock forward; R step center; L rock back; R step center
5 & 6	Triple step LRL in place

MONTEREY TURN & POINT CROSS-UNWIND-CLAP

1, 2, 3, 4	R toe R side; R sweep back R 1/2 turn & next to L; L toe L side; L center
5, 6, 7, 8	R toe R side; R cross in front of L; unwind 1/2 turn left (ccw); clap

RIGHT & LEFT SAILOR SHUFFLE BACK (2X)

1 & 2	R step back; L ball push off on L side; R step R side
3 & 4	L step back; R ball push off on R side; L step L side
5 & 6	R step back; L ball push off on L side; R step R side
7 & 8	L step back; R ball push off on R side; L step L side

RIGHT & LEFT POINT & CROSS W/KNEE ROLL

1, 2, 3, 4	R toe R side, R cross in front of L; L toe L side; L cross in front of R
5, 6, 7, 8	R toe R side; R step center; R knee roll R; L knee follow

STEP PIVOTS & RIGHT & LEFT GRAPEVINE

1, 2, 3, 4	R step forward; 1/2 turn L; R step forward; 1/2 turn L
1, 2, 3, 4	R step R side; L behind R; R step R side; L scuff
5, 6, 7, 8	L step L side; R behind L; L step L side; R scuff

REPEAT